

# AIKIDO SEMINAR

WITH PETER SHAPIRO SENSEI

## BU IS LOVE

19<sup>TH</sup> / 20<sup>TH</sup> JUNE 2010

„Bu is love!“ O-Sensei

The meaning of the character Bu is „to stop attack“. Therefore the meaning of Budo is „the way which stops attack“.

Aikido has nothing to do with winning a conflict or a battle. There is no winning in Aikido.

Aikido has no direct relationship to the words „Kampf“ / „Krieg“ / „martial“!

According to O-Sensei in ancient Japan it was understood that Bu is love.

This knowledge was set aside from the time of the war between the Genji and the Heike continuing till modern times.

Even more: According to O-Sensei Aikido is Shin-no-Budo (True Budo) where we link our heart to the heart of God or the Divine; where we find in us unconditional love and we cultivate the spirit of loving protection of all that exists.

### SCHEDULE

Saturday 11:00 - 18:00 / Sunday 11:00 - 17:00

### COST

CHF 120.- / Euro 80.-

### FOOD & BEVERAGE

If you can, bring some food/drinks for the group

### ACCOMODATION

It is possible to sleep in the Dojo, bring a sleepingbag

### REGISTRATION

Registrations in advance are appreciated as places are limited

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### NOTE

The seminar is held in English and French; with translation into German